



Shima Karate Dojos  
balancing body mind spirit

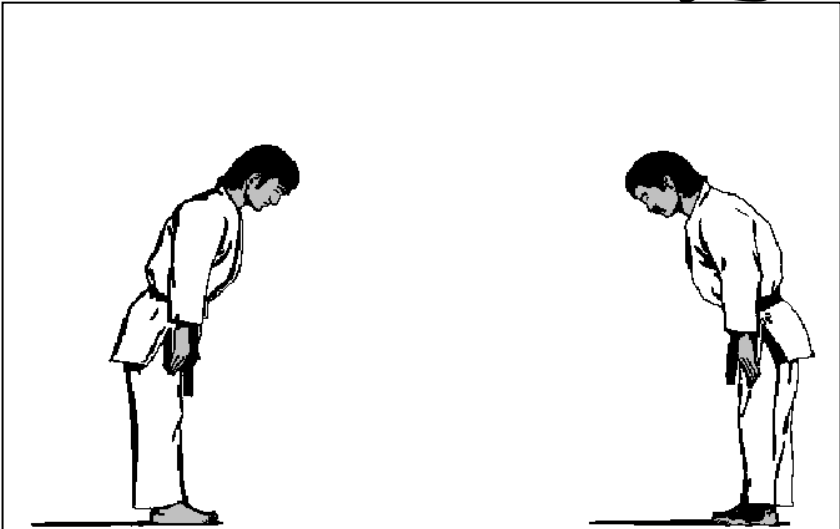


# Dragon Tale's

June 2011

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- June Birthdays
- |          |            |
|----------|------------|
| Andrea   | Miskelly   |
| Brenda   | Nordli     |
| Emlyn    | Folkes     |
| Erik     | Carstensen |
| Fletcher | Falk       |
| Gerrold  | Ilott      |
| Isaac    | Waksdale   |
| Jiri     | Weiss      |
| Jordan   | Mathews    |
| Liam     | Surry      |
| Luca     | Chow       |
| Magnus   | Hanson     |
| Nathan   | Michaud    |
| Nigel    | Lum        |
| Zahnil   | Lal        |
| Colin    | Bongalis   |
| John     | Kirkhope   |
| Lylah    | O'Brien    |
| Nolan    | Cloutier   |
- 



## Shiai Alert

Date: June 4<sup>th</sup>, 2011 (this Saturday)

Place: Wellington Hall, 3922 Corunna Avenue  
(Just off the highway by the Wellington overpass)

Times: 11:00am start all ages.

Cost: \$20.00 Signup on the list (includes a piece of pizza & a drink)

Admission: By donation, goes to the "Help George" fund

# Summer 2011



Starts June 27<sup>th</sup>, 2011

<b>Monday</b>	<b>Open 4:00pm-8:00pm</b>
5:30 – 6:30	Jr All Belts (8 – 11)
6:45 – 8:00	Adult All Belts
<b>Tuesday</b>	<b>Open 4:00pm-8:00pm</b>
4:30 – 5:15	Samurai (4-7)
5:30 – 6:30	Jr All Belts (8 – 11)
6:45 – 8:00	Teen All Belts (9 – 13)
<b>Wednesday</b>	<b>Open 4:00pm-8:00pm</b>
4:30 – 5:15	Samurai (4-7)
5:30 – 6:30	Jr All Belts (8 – 11)
6:45 – 8:00	Adult All Belts
<b>Thursday</b>	<b>Open 4:00pm-9:00pm</b>
4:30 – 5:15	Samurai (4-7)
5:30 – 6:30	Jr All Belts (8 – 11)
6:45 – 8:00	Teen All Belts (9 – 13)
<b>Friday</b>	<b>Closed</b>
<b>Saturday</b>	<b>Open Class 12:00 – 1:00</b>
<b>Sunday</b>	<b>Closed</b>
<b>Shima Karate School - Nanaimo 756-1055</b>	



Next Regular Grading: June 17<sup>th</sup>, 2011

- 6:00pm for all Juniors Classes
- 7:30pm for all Teen and Adult Classes

Make sure that all your books are turned in by the Thursday before the grading.  
Bring your sparring gear. Don't be late.



Next Weapons Grading: June 24<sup>th</sup>, 2011

- 6:00pm Start for all belts

As you recall I sent you an email letting you know about our student George who was in a bad car accident on May 12<sup>th</sup>.

I have some more information.

George ended up with his leg broken in 4 places and his arm broken in 3. He has had surgery on both and has pins and steel rods holding him together. He is now home and working on recovery.

His wife ended up with 10 broken ribs of which a couple punctured her lung. She also received a broken neck and could not talk or move. She is now home and after extensive surgery is slowly getting her movement back. It will still be a long journey of recovery for both of them

We are still taking donations to help them get through the next few months.

Brenda and I are going to be running a 50/50 draw at the Shiai on June 4<sup>th</sup> and all proceeds will be given to them. Also we will be asking for admission donations at the Shiai. Don't worry if you don't have any cash we will still let you in the door.

If you wish to donate please bring the money into the dojo and we will collect it and pass it on to them.

Hug your loved ones every day as you never know when life will throw you a curve ball.

Thank you again from the bottom of my heart,  
Sensei



## *Two - Black Belt Memberships*

- Shima Karate School, Nanaimo is putting up for sale two “Black Belt Memberships”.
- It is the first time in 15 years we have offered this amazing deal.
- One payment includes all training and all grading fees until you receive your black belt. (16-18 years of age)
- Also it includes all weapons training and all weapons grading fees until you receive your Kobudo Black Belt.

## *Cost of Black Belt Membership*

- Onetime payment of only \$4000.00 (includes Grading fees up to and including open hand and kobudo black belt)
  - If you take 8 years to get both belts this is a *saving* of almost \$5660.00
  - If you started training when you were 6 you would *save* almost **\$7160.00**

### Fine Print

Prices do not include HST.

If a student stops training for more than 6 months the membership is null and void, unless the student keeps the membership open by continuing to pay a maintenance fee of \$10.00 per month.

Black Belt memberships are non-transferable, non-refundable, have no cash value for redemption and may not be resold.

Price does not include yearly KBC and IKGA dues

**Under the Midnight Sun  
Yellowknife, N.T.  
July 1-3, 2011**

**IKGA National Camp**

Greetings from our beautiful North!

The Yellowknife Goju-Ryu Karate Club is honoured to host the 2011 IKGA National Camp this summer. Our apologies for getting this information out so close to the event.

In addition to 3 days of excellent training, (training begins on the morning of July 1), we have planned a number of social events including a beach BBQ on the Friday evening at Long Lake, an evening of fun activities on Saturday such as canoeing, kayaking, fishing, (or relaxing), and a banquet on Sunday night.

As you will discover in the packages being sent to each dojo, there are many ways to explore Yellowknife! All under a sun that doesn't set!

**The registration fee is \$150.00 per person and includes:**

- 3 days of training
- water and Gatorade during training sessions
- lunch on Friday
- beach BBQ Friday evening
- t-shirt (cool design in final stages)
- one banquet ticket for Sunday night

Extra t-shirts are \$20.00 (T-shirts will be in male and female styles and sizes).

Extra banquet tickets are \$40.00.

Saturday and Sunday lunches are on your own with a number of places to eat nearby.

Your dojo will receive registration/information packages soon. Please drop us a line if you are planning to attend (even if you haven't received the packages).