



Shima Karate Dojos
balancing body mind spirit



Dragon Tale's

January 2012

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Next Grading Feb 3rd, 2012

6:15pm – All Juniors White to Orange/Black

7:30pm – All Teens / Adults and Green and up all ages

Make sure that all your manuals are turned in by the Thursday before the grading. Get your name on the signup list.

Bring your sparring gear.
Don't be late.

Renovations Finished



We have brought the spirit of the Lantzville dojo to Nanaimo and put it into our back training area. The room is finally finished and there is tons of room for all the new students.

Dojo Merger

Well it looks like things have settled down finally and we can get on with the business of training. Over 80 students have moved over from the Lantzville dojo and are now enjoying classes in Nanaimo. The extra large Friday 3:15 class has thinned out as some of the students have moved to other times. The Monday and Wednesday Samurai classes are both full with a waiting list on those days for any new students.

The Tuesday and Thursday beginner classes are both full also with a waiting list on those days for any new students.

There is incredibly energy in the dojo and we are all having fun working with each other. This will be the final welcome to the Lantzville students as from now on there are no Nanaimo students or Lantzville students, we are all "Shima Students"



IKGA CANADA

IKGA Winter Camp: February 17th, 18th, 19th

This camp will be held at Sylvan Lake north of Calgary in Alberta. It is the type of camp where you stay in rooms at the training area, everyone pitches in to help cooking and cleaning. It is a great experience and great training.

IKGA Summer Camp: May 18th, 19th, 20th

This Camp will be held in Calgary and is a must for any students' green belt and up to try attend. The camp will be taught by Seiko Shihan Goshi Yamaguchi from Japan. Seiko Shihan only comes out every 4-5 years to teach a camp so try plan to make this a part of your goals for the year. We will have a number of students grading for various black belt ranks at the camp as well. This is a once in a lifetime opportunity.

IKGA Preliminary Grading

The IKGA preliminary grading will be held on Friday January 27th at 7:00pm at the Nanaimo dojo. This is for all Brown belts who will be grading for Shodan-Ho and any Black belts who will be moving up in rank. Please make sure you have all your paperwork in order to bring with you that evening.

Shiai Alert

Date: February 11th, 2012

Place: Wellington Hall (to be confirmed)

Times: 11:00pm start, ages 5 to 55 years old.

Cost: \$20.00 Signup on the list (includes a piece of pizza & a drink)
(1/2 price for second child)

Schedule Changes

The Saturday times for weapons and open classes have changed slightly, The Saturday schedule is now as follows:

10:45 – 11:30 Junior Weapons

11:45 – 12:45 Adult Weapons

1:00 – 2:00 Open Class