



Shima Karate Dojos  
balancing body mind spirit



# Dragon Tale's

April 2011

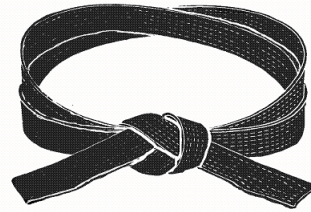
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### April Birthdays

- A.J Laing
- Alex Cheung
- Ashley Carswell
- Dustin Schulz
- Ethan Vichert
- Hans Babst
- Hugo Plante
- Jacob Rosenau
- Jacob Kitchen
- James Winter
- Nolan Pritchard-Wright
- Odin Draginda-Burnett
- Owen Raines
- Samantha Wolff
- Benjamin Heald
- Brayden Bouman
- Harris Petersen
- Isaiah Russell-Hewitt
- Kali Barber
- Parker Windsor

**Happy Birthday**



## Kids Grading Philosophy

I was talking to some parents the other day and they asked why we only grade the kids once a year after they achieve Green Belt. After thinking about it for a while I decided to try putting my reasoning into words.

At Shima we are not trying to make a 9 year old Super Black Belt. Due to developmental stages kids that age are usually not physically ready and are definitely not mentally ready to be a black belt. Our goal at Shima is to develop a child over the long run to be an outstanding teen with integrity and a sense self worth and of personal goals. They will be ready if they train on a regular basis to grade for their Black Belts when they are about 16 years of age.

This will create a strong, confident person who does not bow to peer pressure and understands what it takes to succeed at anything they wish to do. They will appreciate through personal experience the rewards of hard work and perseverance. This student will be ready to make their life their own with an understanding that they can do anything they want in life.

This is a Shima Black Belt.

Life is made up, not of great sacrifices or duties, but of little things, in which smiles and kindnesses, and small obligations, given habitually, are what win and preserve the heart and secure comfort.

-Sir Humphry Davy



### IKGA Seminar

Thanks go out to Shihan Gardecki for instructing two seminars at the dojo last weekend. Both seminars were excellent and we all learned a lot. Shihan covered all the standard basics and katas but her unique style of teaching makes the two hour seminar seem to fly by. She has an amazing way of observing exactly what needs correcting and an understanding of how to correct it. It is quite humorous that at the end of both seminars she asked if there were any questions, the first question asked both times was “When are you coming back to do this again?”. We will have her back soon.

Thank you Shihan

Receipts are still available for 2010  
Please pop into the office to get yours.

Dojo closed for Easter Holidays  
April 22<sup>nd</sup> to April 25<sup>th</sup>



We took 19 kids to Coquitlam last Saturday for the West Coast Gojukai Entry Level Kids Tournament. After being dropped off at the wrong school by the bus we finally made it to the event.

With the 19 kids we came back with 42 medals, 14 of them Gold.

For the first time ever, all of the children won something.

Good work to everyone who went.



#### Next Regular Grading: April 8<sup>th</sup>, 2011

- 6:15pm for all Juniors Classes
- 7:30pm for all Teen and Adult Classes

Make sure that all your books are turned in by the Thursday before the grading.  
Bring your sparring gear. Don't be late.

#### Next Advanced Grading: April 15<sup>th</sup>, 2011

This is for any students attempting Blue belt or higher.

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## **Island Friendship Tournament**

When: Saturday, April 30<sup>th</sup>, 2011

Register By: April 21<sup>st</sup>, 2011

Where: *COMOX COMMUNITY CENTRE, 1855 Noel Ave, Comox, BC*

Cost: \$15.00 each for first two events, \$5 each event after that

Check in Time: 8:30 am

Start Time: 9:30 am Sharp!



Plan to leave Nanaimo around 7:00am. There is preregistration only. Make sure you bring all your gear including, groin protection, sparring gear, mouth guard. Uniforms cannot be folded up and must not be too long, so make sure you get them hemmed if they are too long.

½ Ton tug a war competition